

# **12 Nights / 13 Days Buddhist Tour in Sri Lanka**



### **Day 01: Arrival / Colombo - 35Km – 1 Hour**

Upon arriving in Sri Lanka meet and assist at the airport by our representative and transfer to Colombo from the Bandaranayke International Airport for your first night. As a Buddhist Country, Colombo city looks like the busiest town in Sri Lanka. But even if the city is busy, the people in Sri Lanka do not forget to step in to a temple when they are having leisure time.

Though the city is busy, but after entering to a temple suddenly your mind will be calm. It will be penetrate to your whole mind and automatically you will be escaped from the fussy feelings.

There are several famous Buddhist temples in and around Colombo you can visit famous temples such as Gangaramaya, Bellanwila Viharaya, and Manelwatta Rajamaha Viharaya. In the evening you can visit for a Pooja ceremony at Kelaniya Raja Maha Viharaya.



*Gangarama Temple*



*Bellanvila Temple*



*Kelaniya Temple*

**Overnight stay at hotel in Colombo.**



## **Day 02: Colombo / Anuradhapura - 210Km – 4 Hours**

After breakfast proceed you Will be heading to one of the Historical UNICCO World Heritage Site and this city gained more reputation during the late period royal family and nobility of Sri Lanka strongly supported Buddhism. In the afternoon you can visit Sri Maha Bodiya, Isurumuniya, Lovamahapaya and many other places which well known ritual centers.



**Overnight stay at hotel in Anuradhapura.**

## **Day 03: Anuradhapura**

**After breakfast do a city tour in Anuradhapura.**

Anuradhapura is the most celebrated of Sri Lanka's ancient ruined cities. The city's greatest Treasures are its dagabas constructed of small sun-dried bricks and hemispherical in shape. The Most notable of these dagabas are the Ruvanveli which dates back to the 2nd Century BC and is 300ft in diameter, the Jetawanarama is 370ft and the Thuparama which enshrines the collarbone of the Buddha. The city's most renowned relic is the sacred Bo-Tree which is said to have grown from a branch of the tree under which the Buddha gained enlightenment. It was planted 2250 years ago and is the oldest historic tree in the world.



**Overnight stay at hotel in Anuradhapura.**

**Day 04 : Anuradhapura / Polonnaruwa – 110Km – 2H 30Min**

After Breakfast Do a city tour in Polonnaruwa. Polonnaruwa , the capital from 11th -13th century A.D. Here the monuments are better preserved. The circular relic house (Vata-da-ge) Lankathilaka, Thuparama, Royal Palace, Rankoth vihara and Galvihara with the beautiful rock cut Buddha statues are the most interesting.



**Overnight stay at hotel in Polonnaruwa.**

**Day 05: Polonnaruwa / Sigiriya / Dambulla - 140Km – 3 Hours**

After breakfast proceed to Sigiriya

Climb the Sigiriya rock fortress. The 5th century Sigiriya rock fortress which is a world heritage site, built by King Kashyapa (477-495AD). The 'Lion Rock' is a citadel of unusual beauty rising 200 meters from the scrub jungle. The rock was the innermost stronghold of the 70 hectare fortified town. A moat, rampart, and extensive gardens including the renowned water gardens ring the base of the rock. Visit the world-renowned frescoes of the 'Heavenly Maidens' of Sigiriya, which are in a sheltered pocket of the rock approached by a spiral stairway. These frescoes are painted in earth pigments on plaster.



*Seegiriya*



*Dambulla*



Some time you may feel little bit tired and won't be having a thought of a climb the Sigiriya Rock. Then get ready to do a just little hike to **Pidurangala Temple. (Optional)**



This was the temple which was constructed by king kashyapa in memory of him and his daughters, by the name of “Bodhi “ and “uthpalawanna” .”Kashyapagiri viharaya or bo upulwan kassapagiri vehera in niyanthi the woods in the outskirts of the north entrance of sigiriya” has been done by king. According to stone inscriptions, this was the “Dala vehera” which has been mentioned in Mahawansa.

In the afternoon witness Dambulla cave temple in Dambulla.

Dambulla is a vast isolated rock mass 500ft high and a mile around the base. Here is found the Famous Rock Temple dating to the First Century BC. The caves of Dambulla sheltered the King Walagamba during his 14 years of exile from Anuradhapura. When he regained the throne he built the most magnificent of Rock Temples to be found on the Island.



**Overnight stay at hotel in Dambulla.**

## Day 06: Dambulla / Matale / Kandy – 78Km – 1H 20Min

After breakfast proceed to Kandy via Matale.

Visit the ancient Alivihare in Matale.

The significance of the temple is an original piece of the Buddhist writing "Pāli Canon". After Buddha's death, the Buddha Dhamma (a sort of imaginary bible for Buddhism) was passed on from generation to generation verbally by his pupils. In the 1st Century BC, during King Walagamba's time, there had been a famine for 12 years which was known as 'Baminithiyasaya'. There was also a South Indian invasion at the same time. The Bhikkus realised that these problems would be a danger to the Buddha Dhamma. Due to the famine, they had to eat yams, roots and leaves and underwent a difficult time. Under these conditions, memorising and repeating the Dhamma was difficult. About 60 of them went to Malaya Rata which is said to be the hill country. They lived on the banks of the Mahaweli river under harsh conditions. They saw dead animals. The Theras were weak and realised that the Buddha Dhamma was in danger of being lost. After surviving the twelve years and the return of King Walagamba from hiding after fourteen years, the pupils who went to India and the hill country returned to Kallagama Janapadaya. They discussed and decided that they should write the 'Tripitaka' (the Pali) to preserve the Dhamma for future generations. However, they realised that Anuradhapura was not suitable for this purpose and decided on 'Aloka lena' in Mathula Janapadaya, now Aluvihare in Matale.



En route visit Spice Gardens

If variety is the spice of life, the variety of spices hand-reared and harvested at Kandy Spice Garden must be Sri Lanka's immortal soul. Here you'll find in abundance the great scents, tastes and medicines that made and make Sri Lanka famous. Stroll around the fragrant greenery and through the cardamom groves in the shade of huge tropical trees and give your sense of smell a new lease on life. Sniff, see and learn about nutmeg, pepper, cloves, curry, cinnamon and many others at Matale, and experience the great riches of Sri Lanka's cuisine and traditional Ayurveda therapy.





*Spice Garden Matale*

**Overnight stay at hotel in Kandy.**

**Day 07: Kandy**

Breakfast at hotel, do a city tour in Kandy.

Kandy - Sri Lanka's hill capital, stronghold of the Sinhala Kings, is our most beautiful town. It is 488 meters above sea level and next to Colombo is Sri Lanka's most visited place. The focal point of the town is, without doubt, the golden roofed Dalada Maligawa where the Sacred Tooth Relic of the Buddha is enshrined. There are many shrines and temples in and around Kandy, where you will see rare paintings, frescoes, wood and stone carvings. Kandy is an exciting place for shopping with souvenirs in wood, copper, silver, brass, ebony and bronze. Ceramics, lacquer work, hand looms, batiks, jewelery and rush and reed.



**Overnight stay at hotel in Kandy.**

## Day 08: Kandy

In the morning you can wake up with chilling little bit of cold breeze. Now you are in the cultural capital sacred city Senkadagalapura, then called Kandy. You will be ready for a City tour which can cover most of the temples in Kandy and you can see impregnable natural fortress secured by rings of mountains and river mahaweli. You can visit lankathilke ,Degaldoruwa Viharaya , Gadaladeniya Temple.



*Gadaladeniya Temple*



*Embekke Devalaya*

## Day 09: Kandy / Nuwaraeliya - 80Km – 2Hours

After breakfast proceed to Nuwaraeliya

**Nuwara Eliya** - The ‘Little England’ of Sri Lanka, is set against beautiful backdrops of Mountains, Valleys, Waterfalls and Tea Plantations. It is supposed to be one of the coldest places on the island, but it is really just like an English spring day, although the temperature does drop at night. All around Nuwara Eliya you will see evidence of the British influence. Houses are like country cottages or Queen Ann style mansions.





### **Day 10 : Nuwaraeliya / Embilipitiya – 150Km – 3Hours**

After breakfast proceed to Embilipitiya .

En route visit the famous Sankapala Temple in Embilipitiya.

Sankapala Raja Maha Viharaya stands majestically on a rocky mountain as ample evidence to prove that this temple has been blessed by the saintly monks who spent their time in peaceful meditation. Brahamin inscriptions carved beneath the dripledges ("Katarama" in Sinhalese) of the rock dating back to a period of even before the birth of Christ is ample evidence to prove the existence of a monastery. Folklore has it that Pussa Deva a warrior of King Dutu Gemunu (161-131 BC) resided here. This is conformed by the fact that Pussa Devas name has been mentioned in the rock inscriptions. Pussa Deva who played a prominent part in King Dutugemunu's wars was well versed in the art of war and blowing the conch shell. Hence the emblem conch shell was used to identify him. Further it is mentioned that later-on in life he was ordained a monk and achieved the state of Rahath.



**Overnight stay at hotel in Embilipitiya.**

### **Day 11: Embilipitiya / Galle – 155Km – 3 Hours**

After breakfast proceed to Galle.

In the evening leisure on the beach.



**Overnight stay at hotel in Galle.**

**Day 12: Galle**

After breakfast full day leisure on the beach.



**Overnight stay at hotel in Galle.**

**Day 13: Galle / Departure - 160Km – 2 Hours**

After breakfast transfer to the Airport in time to connect with the departure flight



**END OF TOUR IN SRI LANKA**



# TERMS & CONDITIONS

## 12 nights / 13 days Sri Lanka Buddhist Tour

(01/01/2015 to 30/04/2015)

Number of pax	Currency	Rates per Person		
		Standard Hotels 3*	Deluxe Hotels 4*	Premium Hotels 5*
04 - 07 pax	USD	695	755	1055
08 - 15 pax	USD	685	745	1045
16 - 24 pax	USD	675	735	1035
25 and above	USD	665	725	1025
Single supplement	USD	360	480	725
Triple reduction	USD	30	30	30
Child with extra Bed	USD	50%	50%	50%
Child with no extra bed	USD	30%	30%	30%
<b>01/05/2015 to 31/10/2015</b>				
04 - 07 pax	USD	685	745	1045
08 - 15 pax	USD	675	735	1035
16 - 24 pax	USD	665	725	1025
25 and above	USD	655	715	1015
Single supplement	USD	360	480	725
Triple reduction	USD	30	30	30
Child with extra Bed	USD	50%	50%	50%
Child with no extra bed	USD	30%	30%	30%

### SERVICES INCLUDE

- Hotel Accommodation on sharing Double on Full Board Basis
- Transport in AC vehicle with English speaking driver / guide for 04 to 07 pax
- Service an English or any other foreign language speaking local national guide for 08 pax and above
- Assistance at Airport for Arrival & Departure.
- Government Taxes.
  - 01 pax in double sharing is free for every 16 paying pax.

**SERVICES DO NOT INCLUDE**

- Meals other than specified above.
- Entrance fees at places of interest
- Extras of a personal nature: All kinds of beverages, laundry, telephone calls etc.
- Guide / Driver tips & portorage
- Any peak supplements

<i>Location</i>	<i>Standard Hotels 3*</i>	<i>Deluxe Hotels 4*</i>	<i>Premium Hotels 5*</i>
<b>Colombo</b>	Grand Oriental Hotel Global Towers Hotel Sapphire	Pearl Grand Hotel Mirage Hotel	Galadari / Kingsbury
<b>Anuradhapura</b>	Hotel Randiya / Nuwara wewa	Hotel Rajarata / Palm Garden Village	Hotel Heritage
<b>Sigiriya / Polonnaruwa</b>	Hotel; Kassapa Lion Rock	Sigiriya Village / Amaya Lake	Cinnamon Lodge / Chayya Village
<b>Kandy</b>	Serene Garden Hotel Hotel Hill Top Hotel Devon Hotel Senani	Hotel Thilanka Tree of Life	Cinnamon Citadel Mahaweli Reach Earle's Regency Amaya Hills
<b>Nuwara Eliya</b>	Leisure Village Cey Bank Rest Heaven Seven Windsor	St.Andrews Galway Forest	Hotel Tea Factory Grand Hotel
<b>Embilipitiya / Kataragama / Tissa</b>	Centuria Inn / Taprospa Tissa / Priyankara Hotel	The Safari	Grand Udawalawe / Hotel Rosen
<b>Bentota / Kalutara</b>	Tangerine Beach Taprospa Induruwa Beach	Pandus Beach Hotel Serendib Club Bentota The Palms	Cinnamon Bay / Hotel Eden